Double Cocolate Protein Cookies

Course: Cookies

Servings 12 servings

Prep time
15 minutes

Cooking time
25 minutes

Total time 40 minutes

Ingredients

For the Dough:

150 g (1 1/4 cups) chickpea flour

90 g (3/4 cup) vanilla or chocolate protein powder

50 g (1/2 cup) almond meal

30 g (1/3 cup) cacao powder

5 g (1 tsp) baking powder

165 g (3/4 cup) light brown sugar, packed

4 pitted Medjool dates, soaked in hot water for 5 minutes, drained, and mashed

80 ml (1/3 cup) rice syrup

60 g (1/4 cup) runny hazelnut or almond butter

5 ml (1 tsp) vanilla extract

240 ml (1 cup) (plant based) milk

1/2 cup fresh raspberries

80 g (about 1/2 cup) dark chocolate, roughly chopped

Directions

Make the Cookies:

- 1 Top with Raspberries and Chocolate: Gently press fresh raspberries and chunks of dark chocolate onto the tops of the cookies.
- **2** Preheat Your Oven: Set your oven to 175°C (350°F). Line a large baking tray with parchment paper and set it aside.
- **3** Combine the Dry Ingredients: In a large mixing bowl, whisk together the chickpea flour, protein powder, almond meal, cacao powder, baking powder, and a pinch of salt until well combined.
- **4** Prepare the Wet Ingredients: Mash the soaked dates in a separate bowl until smooth. Add the soy milk, almond butter, rice malt syrup, and vanilla extract to the mashed dates, and whisk until everything is fully blended.

- **5 Bring It All Together:** Pour the wet mixture into the dry ingredients and stir until a thick and sticky dough forms. It should be moist but not runny, making it easy to shape.
- **6 Shape the Cookies:** Spoon the dough onto the prepared baking tray to form 12 cookies. Use damp hands to flatten and shape each cookie into your desired size.

Bake & Enjoy:

- **7 Bake:** Bake in the preheated oven for 25–30 minutes, or until the edges are golden and the cookies are slightly firm to the touch.
- **8** Cool and Enjoy: Allow the cookies to cool on the baking tray for 10 minutes before transferring them to a wire rack. This helps them firm up and develop their rich, fudgy texture.