

White Chocolate Lava Cake

Course: Dessert

Servings Prep time Cooking time 2 servings 10 minutes

15 minutes 25 minutes

Total time

Ingredients

120 g (1 cup) all-purpose flour

2 g (1/2 tsp) baking powder

86 g (1/2 cup) white chocolate (melted)

96 g (6 tbsp) cashew butter

84 g (6 tbsp) coconut oil

126 g (6 tbsp) maple syrup

120 ml (1/2 cup) dairy-free milk

3-4 drops vanilla extract (a dash)

a pinch of salt

56-84 g (8-12 tbsp) white chocolate (for filling)

Directions

- 1 Prepare the Ramekins: Grab two ramekins and generously grease each with coconut oil. Add 1 tbsp of flour to each ramekin. Shake and tilt the ramekins until they're coated with a thin layer of flour. This prevents the cakes from sticking and ensures a perfect release.
- 2 Melt the White Chocolate: In a microwave-safe bowl, melt 1/4 cup of white chocolate with the coconut oil. Heat in short intervals, stirring in between, until smooth and fully melted.
- 3 Make the Batter: In a large mixing bowl, combine the flour, baking powder, and a pinch of salt. Add the melted white chocolate mixture, cashew butter, maple syrup, dairy-free milk, and a dash of vanilla extract.

Whisk everything together until smooth and well combined.

4 Pipe the Batter: Transfer the batter to a piping bag (or a plastic bag with the tip cut off) for easy assembly.

- **5** Assemble the Cakes: Pipe 1/4 of the batter into each ramekin, ensuring the bottom is evenly covered. Place 2-3 tablespoons of white chocolate chips in the center of each ramekin for the filling. Pipe the remaining batter on top, making sure the white chocolate chips are fully covered.
- 6 Bake: Preheat your oven to 350°F (175°C).
 Place the ramekins on a baking sheet and bake for 15-17 minutes, or until the edges are set but the center is still slightly jiggly.
- 7 Cool & Flip: Remove the ramekins from the oven and let them cool for 3-5 minutes.
 Place a small plate on top of each ramekin and gently flip it upside down. Carefully lift the ramekin to reveal your lava cake.